

TRIPLE THREAT TRIATHLON @ BIRDS HILL PARK

KIDS OF STEEL (KOS) AGES 6/7 (50 M), 8/9 (100 M), 10/11 & 12/13 (SHORT COURSE) (200 M),
12/13 (LONG COURSE) & 14/15 (SHORT COURSE) (300 M), 14/15 (LONG COURSE) (500 M) SWIM COURSE

