

TRIPLE THREAT TRIATHLON @ BIRDS HILL PARK

KIDS OF STEEL (KOS) AGES 6/7 (500 M), 8/9 (1.0 KM), 10/11 & 12/13 (SHORT COURSE) (2.0 KM),
12/13 (LONG COURSE) & 14/15 (SHORT COURSE) (3.0 KM), 14/15 (LONG COURSE) (4.0KM) RUN COURSE

